

7 Life Lessons

“Awakening the spark of SPIRIT that endures for a LIFE time 😊”

Group Learning 4 – Having the Courage to Follow Jesus

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 **7 Life Lessons**
February 15 at 2:47 AM · 🌐

“Don't ask what the world needs. Ask what makes you come alive and go do it, because what the world needs is people who have come alive.” Howard Thurman



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Beauty in the Mundane

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Most good things
have been said
far too many times
...
and just need
to be lived.

—Shane Claiborne

cac.org

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 **7 Life Lessons**
February 28 at 11:55 AM · 🌐

Pope's tweet on @pontifex of Oct. 10, 2014
"Dear young people, Christ is counting on you to be his friends and witnesses to his external love."

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If you could only pick one,
which would it be?

Courage

Wisdom

Awe

Understanding

Respect

Knowledge

Judgement

Love has no Boundaries

- Diversity and Inclusion – Animals
- Diversity and Inclusion - Humans

If you could only pick one,
which would it be?

Courage

Jesus said 'Don't be Afraid'

- [What is Courage – Martin Sheen](#)
- [Why Courage](#)
- Courage Sharing Stories

Life Lesson 1 – 3 Ways to connect to the SPIRIT

Life Lesson 2 – Life Journey

Life Lesson 3 – Life Map

Life Lesson 4 – The four D's of Religion

Life Lesson 5 – What number best represents Religion

Life Lesson 6 – The Eyes are the window to the Soul

Life Lesson 7 – Life Balance

Life Lesson 6

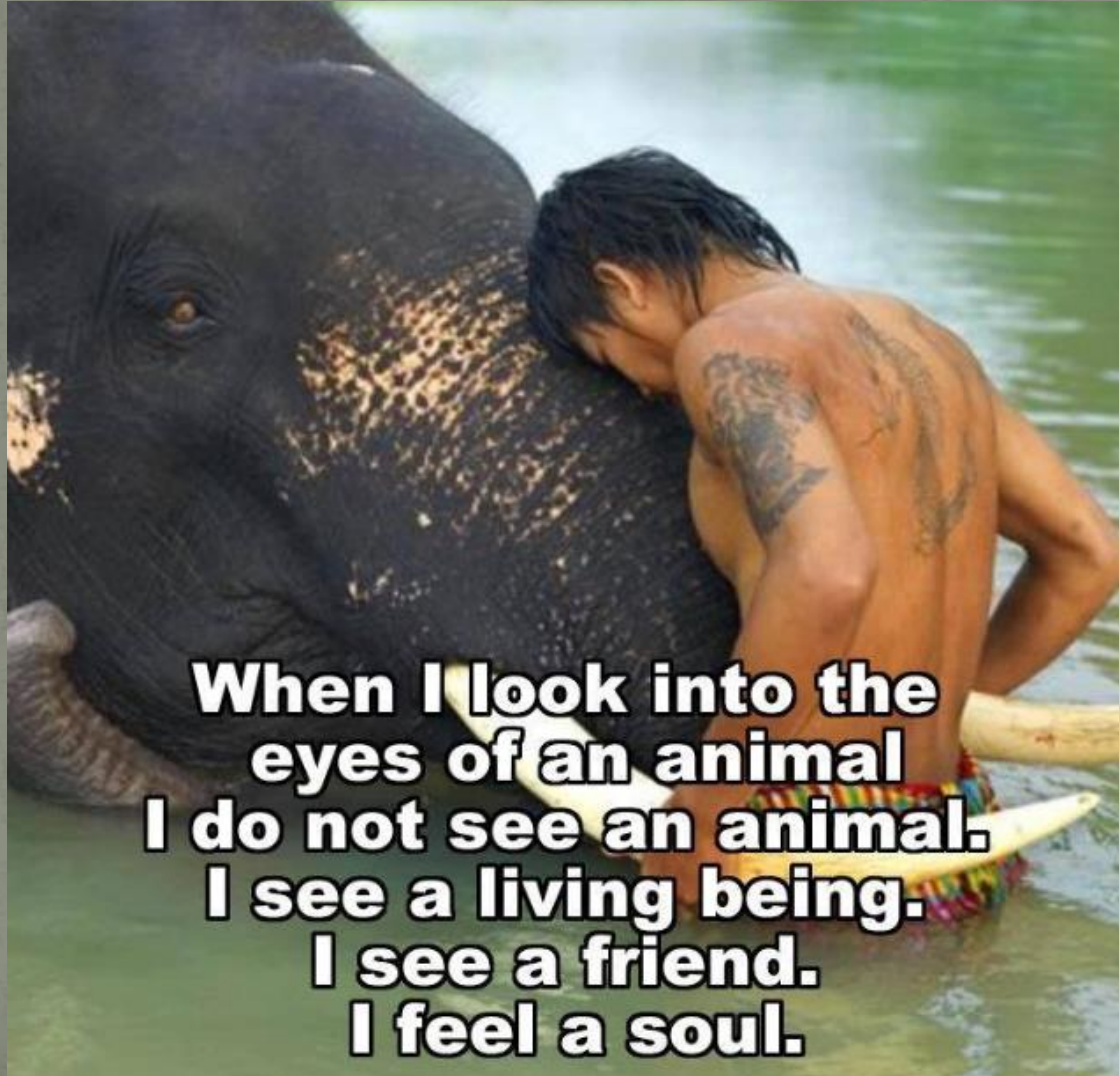
“The Eyes are the window
to the Soul”

Life Lesson 6

The Eyes are the window to the Soul 😊

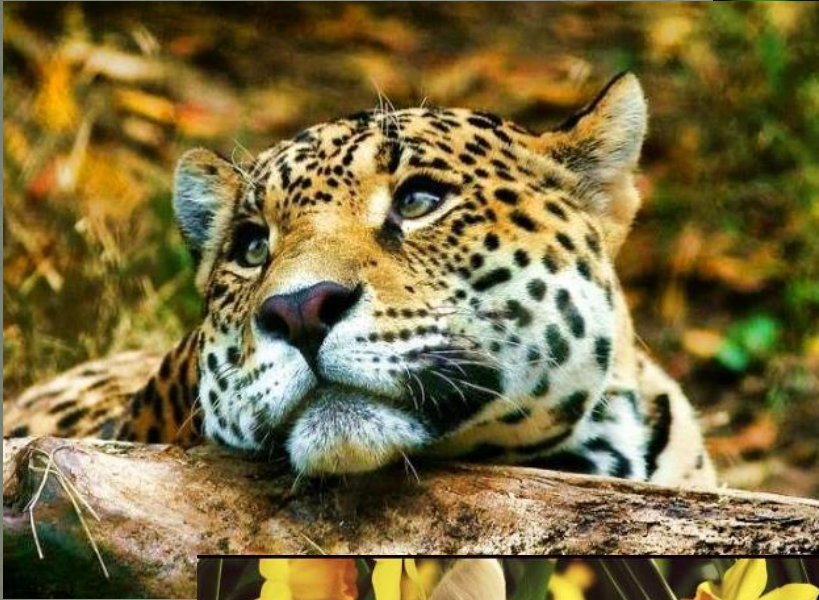
- When we are connected/grounded in knowing Who We ARE... using our eyes to communicate that knowing is EASY..
- The lesson focuses on the BODY and the Body does know.
It has a language all of its own; one that we need to be aware of.
- Celtic Gaze – look into the left eye of the person you are with and know you are gazing into their heart/soul (The left eye is directly above the Heart)

The Eyes are the window to the Soul.



**When I look into the
eyes of an animal
I do not see an animal.
I see a living being.
I see a friend.
I feel a soul.**

The Eyes are the window to the Soul.



Life Lesson 7

“Life Balance”

Life Lesson 7

Life Balance – Take > Give > Receive

- We all TAKE 4 things each and every day at a minimum?
 - Air
 - Food
 - Water
 - Information
- What do we GIVE each day at a minimum?
 - CO₂ and waste products... that's it unless you use your FreeWill to take other actions...
- One not so obvious result in GIVING is that you end up RECEIVING
- Love Wins over Death - that is the message of the Resurrection
- Lightness wins over Darkness

Life Lesson 7

Life Balance – Take > Give > Receive

- [Rob Bell – Dust](#) –
What does it mean to be a Disciple/Follower of Jesus ?

Final Group Song

Lyric 1: Holy Spirit

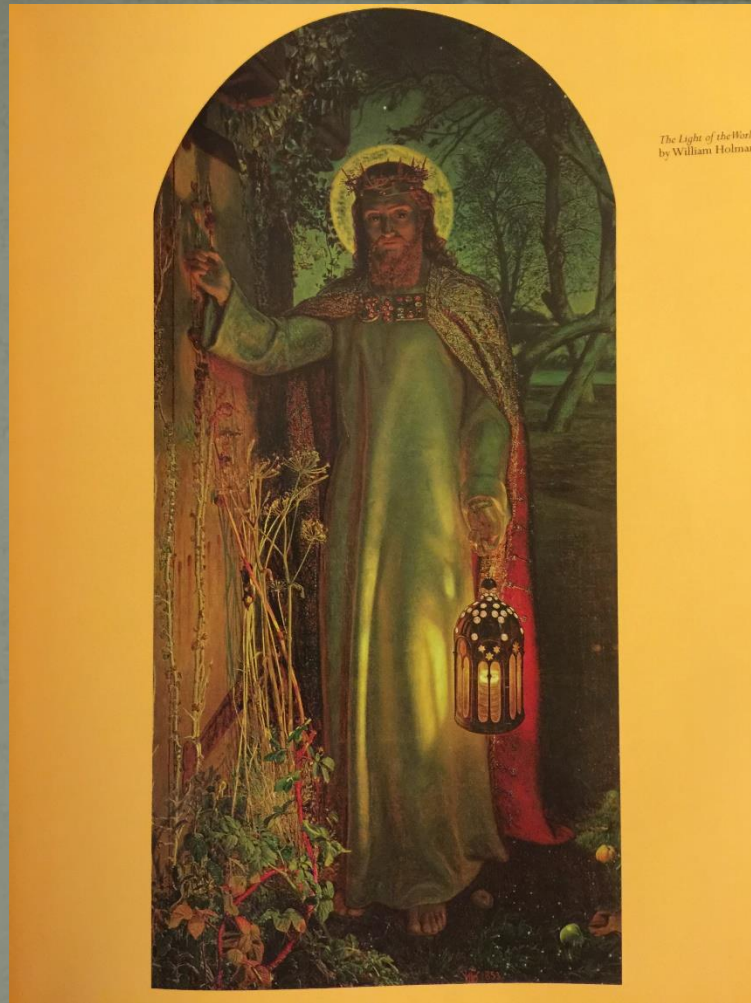
Lyric 2: Come into our Lives

Lyric 3: Make us Truly WISE

Teresa of Avila (1515–1582)

Christ Has No Body

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
Compassion on this world,
Yours are the feet with which he walks to do good,
Yours are the hands, with which he blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.



The Light of the World
by William Holman

In the end it will always be a Mystery with
No Words to explain it....