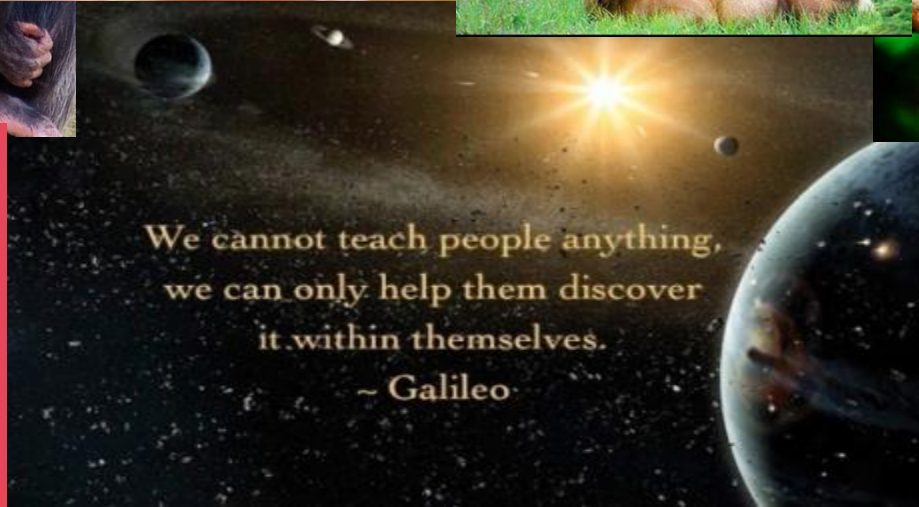


How are these pictures like religion?



Tip: Nature is where you can find God/Spirit for yourself

How are these pictures like religion?




The answer is...

‘Adult life has a way of burying one to varying degrees. Then we each spend the rest of our adult lives trying to dig out from the sand burial, some never make it out of the sand (depression, despair, vanity) states.

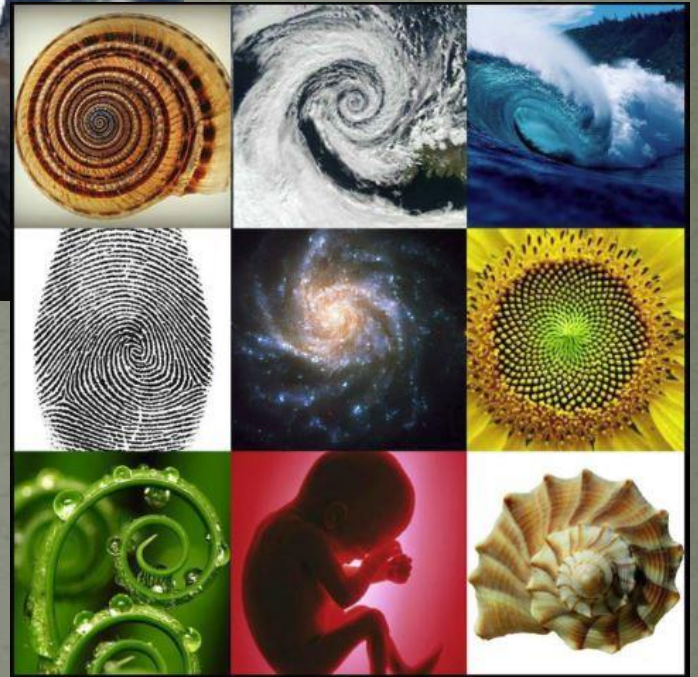
How deep will you bury yourself in the sand?’

Tip: There is no getting away from the sand.



"IN THE BEGINNING,
GOD CREATED THE
HEAVENS AND THE EARTH."

GENESIS 1:1



[The Cosmic Christ – Fr's Nolan and Rohr](#)
[The Known Universe – American Museum of Natural History](#)

7 Life Lessons

“Awakening the spark of SPIRIT that endures for a LIFE time 😊”

Group Learning 3 – Roadmap of Life

Sunday Gospel - Matthew 1.40-45

Jesus Heals a Man with leprosy

- Leader
- Narrator
- Jesus
- Leper

Life Lesson 1 - Review

Faith Sharing Cards

- **Brother Chris - I saw a guy in the hallway at school. There was a kid on the ground, clutching his legs. There were these people with stupid smiles on their faces, laughing at him and kicking him. They walked off and the other students and I went to him. We got help, and he was OK. However, I was late to science.**

“The quieter you become ...
the more you can hear”



Life Lesson 1 - Review

3 Ways to connect to the SPIRIT

- What are they?

Life Lesson 1 - Review

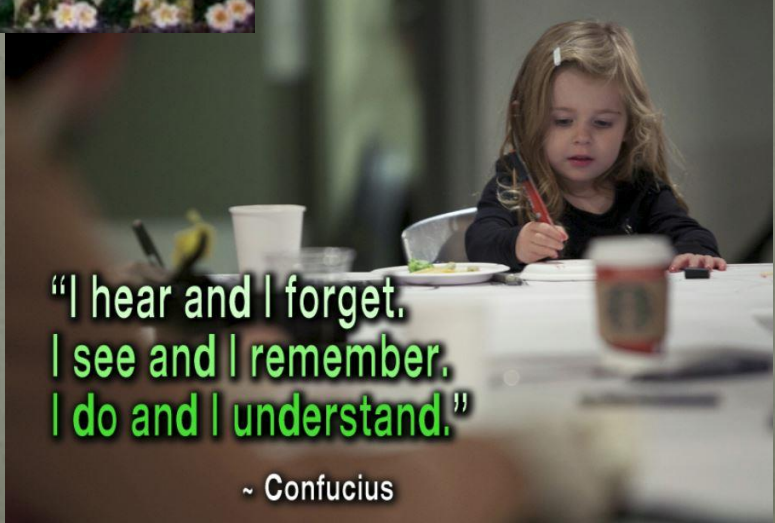
3 Ways to connect to the SPIRIT

- Do
 - Jesus message was one of action and prayer
We learn best when we 'experience' our actions as opposed to reflecting on our prayer.
- Pray
 - Silence
 - Music
 - Nature - [Video](#)
- Brain
 - Education is NOT Transformation
Too much education limits our capacity for awakening/transformation



One smile,
can start a
friendship.
One word,
can end a fight.
One look,
can save a
relationship.
One person
can change
your life.

**I KNOW as MUCH as
I DO – St FRANCIS**



“I hear and I forget,
I see and I remember,
I do and I understand.”

~ Confucius

How is Religion like riding a bike ?



Once you learn/know...
You never forget 😊

Life Lesson 2 - Review

Life Journey

- 6 Levels of Human Life
 - What are they?

Life Lesson 2 - Review

Life Journey

- 6 Levels of Human Life

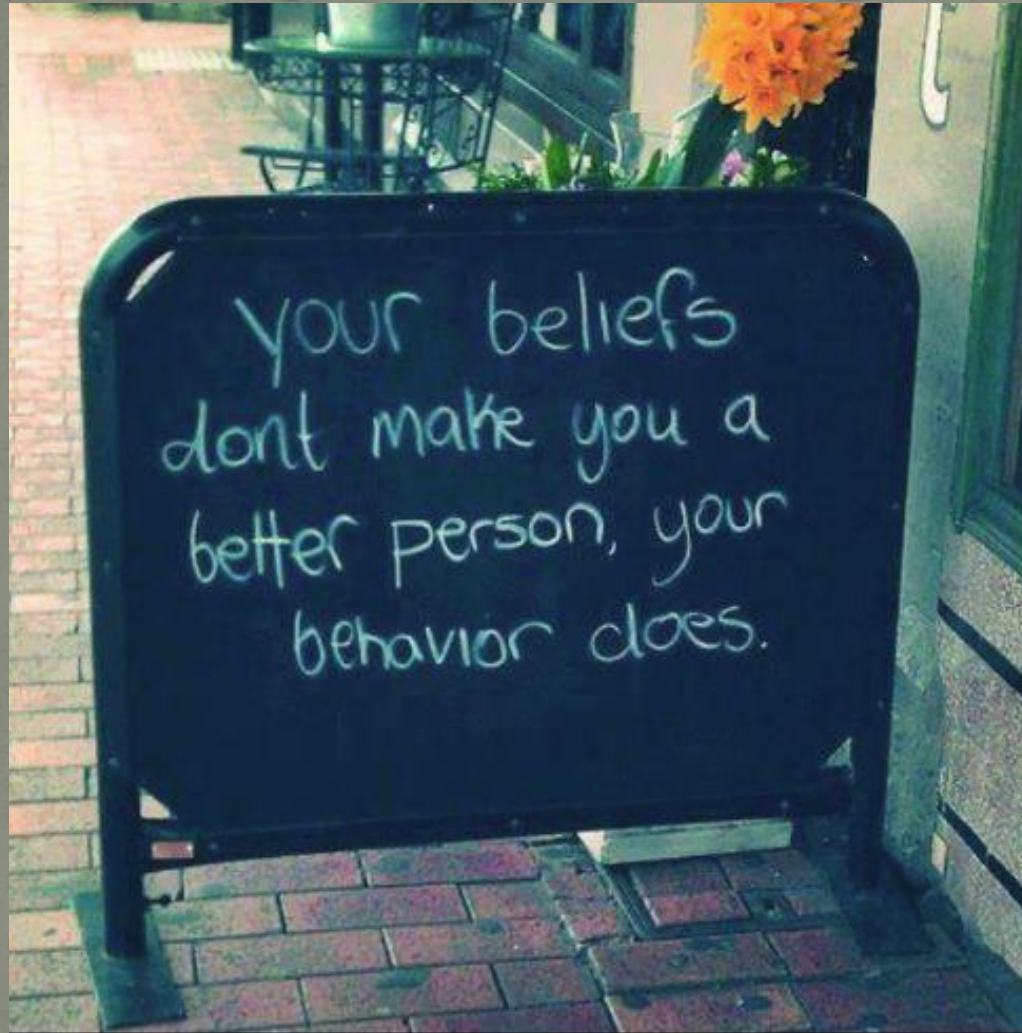
- 0 – Heart/LOVE – Everyone, Everyone, Everyone starts with God’s Grace; your Original Blessing ☺

5 Brain Surges – @ ages 1, 4, 7, 11, **15 – 18**

- 1 - Information
- 2 – Knowledge (I BELIEVE)
- 3 – Intelligence
- -----
- 4 – Understanding/Awakening – Candidates GOAL
- 5 – Wisdom (I KNOW)
- 6 - Transformation



What makes you a better person ?



Life Lesson 3 - Review

Life Map

- How do you draw the Life Map?

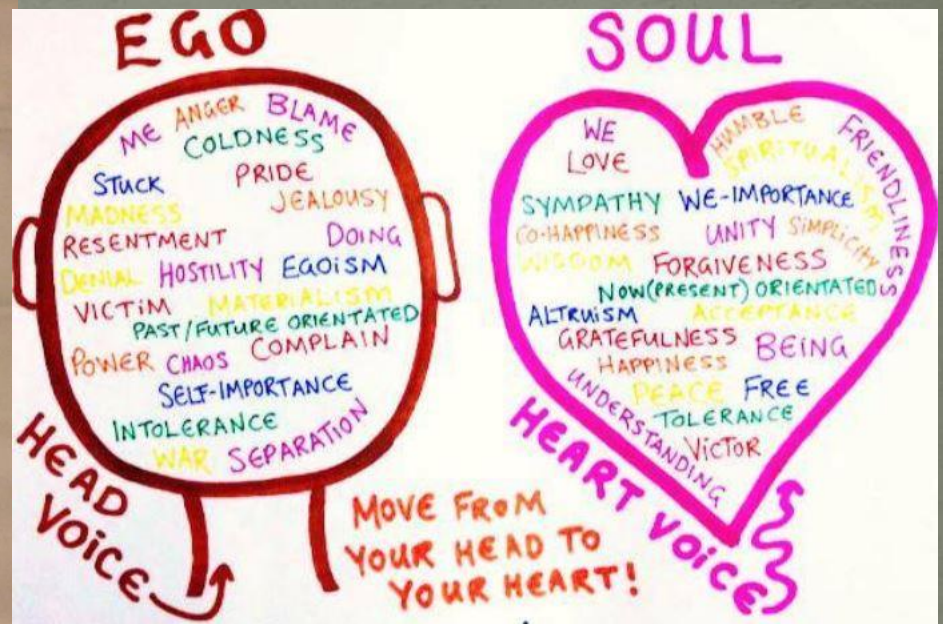
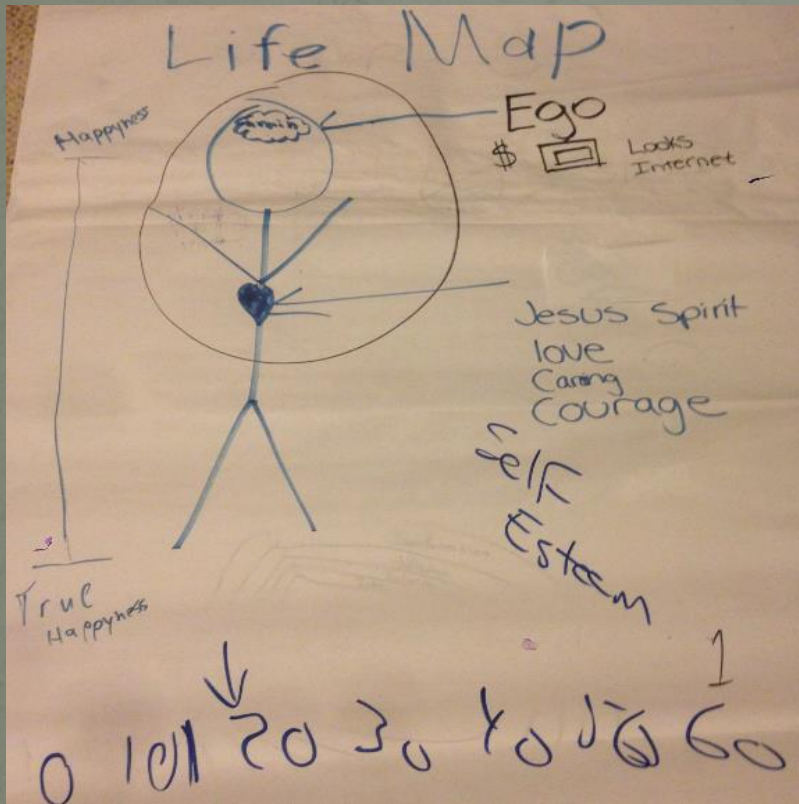
Life Lesson 3 - Review

Life Map

- Basic drawing of a body (stick figure) with Heart and Head/Brain
 - **Heart** – Love, Kindness, Empathy, Forgiveness, Compassion ...
 - **Head/Brain** – The Ego/The Flesh – Greed, Power, Envy ...
 - 1 – Chastity (patience) Lust (more)
 - 2 – Temperance (less) Gluttony (more)
 - 3 – Charity (Love) Greed (more)
 - 4 – Diligence (Persistence) Sloth (laziness)
 - 5 - Patience (Peace) Wrath (Anger)
 - 6 - Kindness (Empathy) Envy (more)
 - 7 - Humility (less of Me) Pride (arrogance)
 - **Free-Will** - Humans, all have 'Free-Will' to decide what path/decisions they will take/make on their Life Journey.
 - **Happiness Scale** – **Happiness** (short, not lasting) – Brain
Joy (true happiness) (long term everlasting) – Heart
Where is Sadness ? In your Heart or in your Brain ?
 - Only the **Heart** can *understand* these:
God, Eternity, Death, Love and Suffering

Life Lesson 3 - Review

Example Artwork ☺



Life Lesson 3 - Review

Bound up Heart activity

Addictions:

Food
Internet
Sex
Gambling
Shopping
Alcohol
Smoking
Drugs
Power
Greed
Money
Technology (NEW)

Tip: Coping skills only get you so far.



Life Lesson 4 - Review

The four D's of Religion

- What are the 4 D's of Religion?

Life Lesson 4 - Review

The four D's of Religion

- **D**esire to go **D**eep and connect to your Original Blessing
 - *Desire, Curiosity, Motivation* are key to reaching the higher levels of Awakening/Transformation
 - Stay on the surface of anything and you stay disconnected/separate... start to explore the depths and everything begins to clarify...
 - See pic on next slide – Where is the line going?
- **D**ay by **D**ay
 - Jesus' message is one to follow EVERYDAY

How is this 'picture' like religion?





"What day is it,?" asked Pooh.
"It's today," squeaked Piglet.
"My favorite day," said Pooh.

From Friend Fluence...

We are controlling our communication more and more. More time online.. Lowers self-confidence. Heavy users are prone to anxiety, insomnia, depression and stomach aches.

Pendulum is swinging back, Teens are realizing the 'virtual world is not enough'. That we need 'real contact' too.

Maybe just a walk together with a friend...

Life Lesson 5

What number best represents Religion ?

2

Making 1 out of 2 - Human and Divine together - Jesus gave us the model/example/template; other examples see the Saint Stories

- **Explore seeing the many opposites that exist in Life**

- **Feminine and Masculine**

- **Light and Dark**

- **Good and Evil**

- **Positive and Negative**

- **Take and Give**

- **Connected Self and Separate Self**

- **Faith/Hope/Love and Greed**

Brain and Heart

True Self and False Self

Soul and Ego

Lyric and Melody

What you Say and What you DO

How are these 'pics' like religion?



Group Learning 3

'Roadmap of Life' skit

- Actors needed
 - Baby – 7th – Boy, Girl – White
 - Elementary – 7th – Boy, Girl – White
 - Middle School – 7/8th – Boy, Girl – Black
 - High School – 8th – Boy, Girl – Black
 - Lost Souls – 7/8th – Boy, Girl – White
 - Dancers – 7/8th – Boy, Girl – White/Black
 - JESUS
- [Link to Roadmap of Life handout](#)
- [Link to Project Happiness trailer](#)

Group Learning 3

'Roadmap of Life' skit

- Scene 1 – You are My Sunshine – Babies
- Scene 2- Heaven is a place on earth – Kids Playing
- Scene 3 – I Wanna Talk about ME – ME
- Scene 4 – Angel – Accident
- Scene 5 – Show ME the WAY – Lost Souls
- Scene 6 – Open the Eyes of my Heart – Found Souls
- Scene 7 – Walking on Sunshine - Dancers
- [Link to Roadmap of Life handout](#)
- [Link to Project Happiness trailer](#)

Every single day you
make a choice.

-227-



Group Learning 2

Music

- [Day by Day](#)
- [Souls can not be Fooled](#)

Everybody's tellin' me what to do, and I, I can't choose.
And everybody wants control, to hang me up by their noose.
But if they only knew they'd laugh and dance like fools.
If they only knew souls cannot be fooled.

Power hungry animals, let 'em eat if they want to!
Let my soul now rest in peace,
Because I know the One who holds the Truth

If they only knew, they'd laugh and dance like fools
If they only knew that Souls can not, Souls cannot be fooled.
Souls can not, Souls cannot be fooled!
Souls can not, Souls cannot be fooled!
Souls can not, Souls cannot be fooled!

- [Rob Bell - Nooma - Lump](#)
- [The Church needs YOU - Matt Kelly](#)